

LADIES CIRCUIT DAY WITH LINDSAY RICE BEGINNERS SERIES

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WEDNESDAY JUNE 19

8:00 AM Group breakfast in Alpina Restaurant at Villa Eyrie Resort
(Meet with fellow drivers and Lindsay Rice)
9:00 AM Transfer to Vancouver Island Motorsport Circuit (35 mins)
Self-drive for those using their own vehicles and shuttle for
those renting a circuit vehicle
10:00 AM Arrival at Vancouver Island Motorsport Circuit
Welcome, full facility tour & briefing
Morning Slalom Driving Program
(Seating position/vision, car dynamics, & effective braking)
12:00 PM Lunch in Paddock Lounge

1:30 PM Circuit Driving Program

(Cornering, weight distribution, lead and follow)

3:30 PM Wrap up and program concludes

Transfer back to Villa Eyrie Resort (35 mins)

6:30 PM Cocktails and dinner with fellow drivers and Lindsay Rice in

Alpina Restaurant