



LADIES CIRCUIT DAY WITH LINDSAY RICE ADVANCED SERIES

/ ADDRESS

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8:00 AM	Breakfast in Alpina Restaurant at Villa Eyrie Resort
9:00 AM	Transfer to Vancouver Island Motorsport Circuit (35 mins) <i>Self-drive for those using their own vehicles and shuttle for those renting a circuit vehicle</i>
10:00 AM	Arrival at Vancouver Island Motorsport Circuit Welcome, full facility tour & briefing Refresher of beginner curriculum Lead and follow
12:00 PM	Lunch in Paddock Lounge
1:30 PM	Circuit Race Program (Threshold braking, race line, apex)
1:45 PM	Hot Laps with Lindsay Rice
2:15 PM	Lead and follow
3:45 PM	Wrap up and program concludes Transfer back to Villa Eyrie Resort (35 mins)
6:30 PM	Cocktails and dinner with fellow drivers & Lindsay Rice in Alpina Restaurant

ONCE SOMETHING IS A PASSION,
THE MOTIVATION IS THERE.

/ MICHAEL SCHUMACHER